



PEDESTRIAN TIPS

- Show intent to cross the street so drivers will know you want to cross
- Before crossing, make sure oncoming vehicles have ample time to stop safely
- Cross at the corner and use the crosswalk; if possible, cross at an intersection with a traffic light or pedestrian activated signal
- Watch for turning vehicles
- Look left, right and left again before crossing
- Establish eye contact with drivers and cyclists
- Obey traffic signals
- On roads with no sidewalks, walk against traffic
- Wear brightly colored clothing
- Use lights & reflective outerwear when walking at night
- Stay to the right on multi-use paths shared with cyclists

SIDEWALKS AND BIKES

Many people consider sidewalks a safe place to ride a bicycle. Unfortunately, sidewalks aren't all that safe. Trees, parked cars and buildings can create blind spots, pedestrians can step sideways suddenly, a child or animal can run into your path. And cars do use sidewalks – at every cross street and driveway.

Ride slowly on sidewalks. Travel about the speed of pedestrians when riding on a sidewalk. It is illegal to ride on the sidewalk in downtown Portland.

BICYCLING TIPS

OBEY ALL SIGNS & TRAFFIC LIGHTS

Bicycles must be driven like other vehicles if they are to be taken seriously by motorists. Never ride against traffic.

USE HAND SIGNALS

Hand signals tell motorists what you intend to do. For turn signals, point in the direction of your turn. Signal as a matter of courtesy and safety and as required by law.

RIDE CONSISTENTLY

Ride as close as practical to the right. Exceptions: when travelling at the normal speed of traffic, avoiding hazardous conditions, preparing to make a left turn, or using a one-way street.

CHOOSE THE BEST WAY TO TURN LEFT

There are two ways to make a left turn: 1) Like an auto: look back, signal, move into the left lane, and turn left. 2) Like a pedestrian: ride straight to the far-side crosswalk, then walk your bike across, or queue up in the traffic lane.

USE CAUTION WHEN PASSING

Motorists may not see you on their right, so stay out of the driver's "blind spot." Be very careful when overtaking cars while in a bike lane; drivers don't always signal when turning. Also be alert for: car doors opening & cars pulling out from sidestreets or driveways.

STRETCH YOUR LEGS WITH TRIMET

If you want to increase the amount you walk or bike but your destination is too far, extend your walking or biking trip with transit. This map shows the bus routes and MAX light rail lines in your neighborhood, as well as every transit stop.

Bicycles are allowed on buses and MAX. For more information visit trimet.org/bikes or order the Bikes On TriMet Information Brochure from the Portland Office of Transportation.

General TriMet information trimet.org
 TriMet Customer Service and Rider Info Line 503-238-RIDE (7433)
 TransitTracker™ arrival times & schedules (24 hours)
 The latest service alerts (24 hours)
 Live trip-planning assistance (7:30 a.m.-5:30 p.m. M-F)

MULTI-USE PATHS, PEDESTRIANS AND BIKES

Multi-use paths are great places to walk and bike without having to worry about cars, trucks or buses. Please think about other path users, and remember these guidelines:

- Slower traffic has the right of way
- Use a moderate speed on paths, especially around slower users
- Keep right, except when passing
- If walking in a group, please remember to allow room for others to pass
- When biking, use an audible warning when passing a bike or pedestrian (a friendly "ding" of a bell or a cheerful "on your left")
- Obey all trail and road signs, and use care where city streets intersect with paths

While we have made every effort to provide a high quality, accurate and readable map, the information is advisory only. Map users assume all risks as to the quality and accuracy of the map information, and agree that their use is at their own risk.

Note to wheelchair users: Portland has lots of sidewalks and curbs ramps: All of the purple multi-use pedestrian and bicycle paths are wheelchair accessible. Some of the walking trails are paved and accessible – but not all.

Design by Grapheon.com

PORTLAND BIKE/WALK MAP

Bicycling

- Multi-use path (no motor vehicles)
- Shared roadway (lower traffic street)
- Bike lane (painted lane on higher traffic street)
- Shared roadway (moderate traffic/wide outside lane)
- Difficult connection (use caution, use sidewalk, or find a different route)
- Shared roadway /difficult connection (lower traffic street with sight distance limitations and higher speeds)
- Bike route signs and markings
- Difficult intersection (use caution)
- Steep hill

Walking, Transit & More

- Restroom
- Library
- Swimming pool
- Heritage tree
- Hospital
- Bike shop
- Grocery store
- Point of interest
- Community garden
- Viewpoint
- Public art
- Stairs
- Bus route and stop
- MAX station
- Shopping area
- Industrial area
- Park
- School
- Drinking fountain
- Post office

MILES 0 1/8 1/4 3/8 1/2

About 10 minutes walking
 About 3 minutes cycling

